



# Mackay timetable

6/2 Fursden St, Glenella

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5.30-6.15AM	SCULPT	BOOTCAMP	CIRCUIT	SCULPT	BOXING	BOOTCAMP [7-745AM]
9-9.45am	SCULPT	ABT	CIRCUIT	SCULPT	FRIDAY FRENZY	
4.30-5.15PM	SCULPT	BOXING	CIRCUIT	SCULPT	FRIDAY FRENZY	

# Walkerston timetable

3/5 Dutton St, Walkerston

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5.30-6.15AM	SCULPT	BOOTCAMP	CIRCUIT	SCULPT	BOXING	BOOTCAMP [6-645AM] BOOTCAMP [7-745AM]
615-7am	SCULPT		CIRCUIT		FRIDAY FRENZY	
9-9.45am	SCULPT	BOOTCAMP	CIRCUIT	SCULPT	BOXING	
430-515pm	SCULPT	BOOTCAMP	CIRCUIT	SCULPT		

## Mirani

4.30-5.15PM MIRANI HIGH SCHOOL	HIIT Mirani High School [30mins]		BOOTCAMP Mirani High School			
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(Child friendly classes, children are still under your supervision.)

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